

## Thinking Outside The Bottle

### A Brewer's Blog

## Women in the Brewery

*Mike Ferguson*

There was a time in Ancient Egypt when brewing beer was "woman's work". The historic record of female brewers starts back in Egypt with a written law making it illegal for men to make or sell beer. From carrying the water to selling the finished beer, women brewed most of the beer consumed in the 13th and 14th centuries.

Women were the brewers and bar owners and were subject to strict rules of operation, some infractions were punishable by death. A woman who made beer was called a brewster; when men took over, the reference was changed to brewer.

Beer was considered to be healthier than water and was consumed by young and old alike. Those that drank water were sick more often than those that drank beer. The reason was in the necessary boiling of the wort (brewing) which destroyed pathogens in polluted water. Boiling is cooking and in the early times cooking was the job of women.

Men dominated the industry until recently when women went from being a novelty presence in the brewery to owning and brewing. In the last few years they've been building a collective identity as women brewers known as the Pink Boot Society and Barley's Angels.

May 2011

## Pub News

May is finally here and hopefully it will bring the warm air. Mother's Day is right around the corner and Rudder's is currently taking reservations for our Mother's Day Brunch Buffet on May 8th from 11am-2pm. Children under 10 eat free and there will be flowers for the moms!!!! Also there will be a great Mother's Day Dinner Special for the evening from 5pm-9pm.

This month Rudder's will be part of the 250th Rum Launch on May 14th. It will be a fun night with the new amber rum on our bars and great plays from the TH'Yarc. You can buy your tickets for the rum through the SPCA, Women Auxiliary or TH'Yarc. It's a great token to remember the 250th Anniversary!!!

On May 21st we are having a party with a live band called "In Order Of Good Cheer" with a full Buffet starting at 6:30pm. Tickets are \$30 per person which includes the buffet and a great night of music. Tickets on Sale now at the bar.

### Buffet Menu

Starting at 6:30pm

Roast Hip of Beef with  
Roasted oven Potatoes, vegetables & Gravy  
Lasagna & Rappie Pie  
Salad Bar  
Assorted Square & Vanilla Cheesecake with  
toppings  
Beverage, Coffee & Tea

*Janice Saulnier*

## Upcoming Events

### BAR TAB

~ Natasha



This month's featured Martini: The Raspberry Pear-Tini  
- Rich Chambord Raspberry Liqueur mixed with Absolute Pear Vodka  
with a splash of lemon and cranberry juices.

This Martini has been a house favourite for a long time and is perfectly refreshing for the upcoming warmer days! Come by Rudder's and try one today!

Look for Rudder's Brand New Exciting Martini list! Featuring NEW Martini's like Strawberry Fizz, Keylime Martini, X-rated Martini and more!

**Join the Fun:** Rudder's Trivia Night every Wednesday evening at 8:30pm!

**REMEMBER!!!** COLD BEER STORE OPEN DAILY AT 11AM